

Silence backstage

For one or more players backstage at a concert.

Duration: variable (dependent on length of concert piece).

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While backstage at a concert sit or stand in silence, listening attentively to whatever you can hear of the performance on stage. Treat this sound and the other sounds you can hear—whether ambient sounds or other people—as a piece of music which you are also playing, but contributing silence (in this section). Listen attentively and sit or stand as you would if you had an audience. Hold the space. Enjoy the experience of the piece.

Optionally bow at the end of the piece.